

# “Yn Daunse jeh ny Blaaghyn Bwee”

## The Dance of the Yellow Flowers

By Lowenna Joughin [winner of the under 16s new Manx dance competition]

*Solo dance*

Watch here: [https://youtu.be/hyP\\_boKiVQM](https://youtu.be/hyP_boKiVQM)

### INSTRUCTIONS

Musical intro – Place a posy of yellow flowers on the floor approx. 2 metres in front of the solo dancer

#### VERSE 1.

A1 Arms up. Balance x 4; pivot spin right for 4 beats.

B1 Side step to right x 2 beats; feather step with left foot hopping on right foot while turning right;

Side step to left x 2 beats; feather step with right foot hopping on left foot while turning left.

B2 Arms folded, dance forward towards flowers with set steps x 2 RLR LRL; Hands on hips, point and tap right toe in front; point tap left toe.

Arms folded, dance backwards to original position with set steps x 2 LRL RLR; Hands on hips, point and tap left toe; point and tap right toe on the spot.

A2 Arms up. Manx reel step x 4 forwards in a circle around the flowers and returning to original position turning round to the right to face the flowers again.

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#### VERSE 2.

A1 Arms up. Right feather step on the spot, feather step while turning left; Left feather step on the spot, feather step while turning right.

B1 Side step to the left x 2; cross back step; Side to the right x 2; cross back step.

B2 Arms folded, dance forward towards flowers with set steps x 2 RLR LRL; Hands on hips, point and tap right toe in front; point tap left toe.

Arms folded, dance backwards to original position with set steps x 2 LRL RLR; Hands on hips, point and tap left toe; point and tap right toe on the spot.

A2 Arms up. Manx reel step x 4 forwards in figure of eight; pick up flowers and dance back to original position facing forwards.

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#### VERSE 3.

A1 Holding flowers to chest, balance x 4; pivot spin right for 4 beats.

B1 Side step to right x 2 beats; feather step with left foot hopping on right foot while turning right;

Side step to left x 2 beats; feather step with right foot hopping on left foot while turning left.

B2 Holding flowers out on first set, dance forward with set steps x 2 RLR LRL; Point and tap right toe in front; point tap left toe.

Dance backwards holding out flowers on first set and back to original position with set steps x 2 LRL RLR; Point and tap left toe; point and tap right toe on the spot.

A1 Manx reel step x 4 forwards in a circle; and dance back to original position, spin left twice while the tune slows and finish by kneeling on left knee holding up the flowers.

END

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Variant of Moghrey Laa Boaldyn  
by Grainne Joughin 2020

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